



Date: \_\_\_\_\_

### Massage Client Information Form

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Gender: Male [ ] Female [ ]

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/Mobile Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Contact number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Massage pressure preference: (please check) Soft [ ] Medium [ ] Deep [ ]

How would you like to be contacted: (Please check) Email [ ] Text [ ] Phone [ ]

How did you hear about our studio? Who referred you to us? \_\_\_\_\_

### Medical Information

Yes [ ] No [ ] Have you had a massage before? If yes, how recently and how frequently?

Yes [ ] No [ ] Do you frequently suffer from stress?

Yes [ ] No [ ] Do you have diabetes?

Yes [ ] No [ ] Do you experience frequent headaches?

Yes [ ] No [ ] Are you pregnant?

Yes [ ] No [ ] Do you suffer from arthritis? Where? \_\_\_\_\_

Yes [ ] No [ ] Are you wearing contact lenses?

Yes [ ] No [ ] Do you have high blood pressure? If so, do you take medication? Yes [ ] No [ ]

Yes [ ] No [ ] Do you suffer from epilepsy or seizures?

Yes [ ] No [ ] Do you suffer from joint pain or swelling? Where? \_\_\_\_\_

Yes [ ] No [ ] Do you have varicose veins?

Yes [ ] No [ ] Do you have any contagious diseases?

Yes [ ] No [ ] Do you have osteoporosis?

Yes [ ] No [ ] Do you have any allergies?

Yes [ ] No [ ] Do you have any skin conditions?

Yes [ ] No [ ] Do you bruise easily?

Yes [ ] No [ ] Have you suffered any broken bones? Where? \_\_\_\_\_

Yes [ ] No [ ] Have you been in an accident or suffered any injuries in the past two years? Explain below:

Yes [ ] No [ ] Have you ever had a spinal injury or metal pins inserted anywhere?

Yes [ ] No [ ] Do you have cardiac or circulatory problems?

Yes [ ] No [ ] Do you suffer from neck or back pain?

Yes [ ] No [ ] Do you have numbness or stabbing pains anywhere?

Yes [ ] No [ ] Are you sensitive to touch or pressure anywhere?



Yes [  ] No [  ] Have you ever had surgery? Please explain:

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Yes [  ] No [  ] Do you have or have you ever had cancer?

Yes [  ] No [  ] Do you have any other medical conditions or are you taking any medications I should know about?

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Yes [  ] No [  ] Do you have any tension or soreness (including strains/sprains) in a specific area? Please specify:

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Yes [  ] No [  ] Are there any parts of your body you do not want massaged?

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Yes [  ] No [  ] Do you have any systemic diseases? Please Explain:

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Yes [  ] No [  ] Do you have a thyroid condition or any other hormone imbalances?

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